

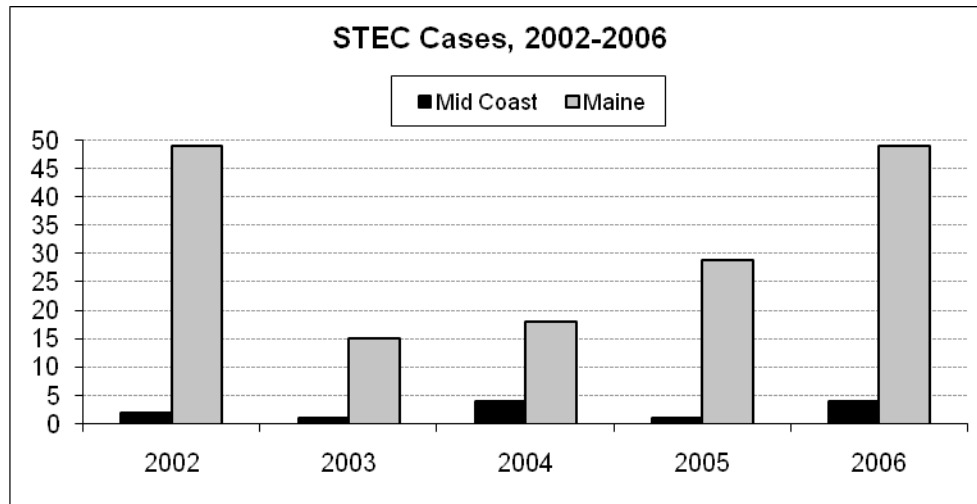
# MIDCOAST DISTRICT: Infectious Diseases

## Shiga Toxin Producing E. coli (STEC)

STEC is a leading cause of foodborne illness in Maine. It is a source of the food-borne illness associated with the life-threatening hemolytic uremic syndrome (HUS), particularly in children under five years of age. It can result in death, and causes fear and disruption for communities and businesses.

Decreasing STEC infections is an objective of *Healthy Maine 2010*. The Infectious Disease Epidemiology Program tracks and monitors cases and provides education and technical assistance to clinical providers and communities.

For more information on STEC: [www.cdc.gov/ecoli/](http://www.cdc.gov/ecoli/)



	Midcoast District Number	Maine State Number
STEC Cases 2002	2	49
STEC Cases 2003	1	15
STEC Cases 2004	4	18
STEC Cases 2005	1	29
STEC Cases 2006	4	49

\*Maine CDC Infectious Disease Epidemiology Program